



## HELPING HANDBAGS AT CHRISTMAS

**Do you have a handbag sitting in your wardrobe that you no longer use? If you do, that handbag can be put to good use.**

Christmas is a time of joy and thanksgiving for many. However, for too many women it's a time of heartache. At risk homeless women may have left their homes with only the clothes on their backs and without the necessities that we all take for granted. Helping Handbags Dublin is a voluntary organisation set up by Tiffany Mulroy and Niamh O'Hara in 2014. Their aim is to support women in homeless shelters and women's refuge centres by supplying them with much needed feminine products.

If you would like to donate a filled bag/bags you can give them to me (Brenda Mulhall) before 29<sup>th</sup> November and I will bring them to the Papal Cross collection point.

*Thank you!*



### Who we are:

Helping Handbags Dublin is a non-profit cause that was set up 5 years ago by Tiffany Mulroy and Niamh O'Hara, we have been running it the last few years with the help from Niamh's parents and our friends. Helping Handbags Dublin deals specifically with providing women with support to deal with the menstrual cycle, for homeless women and women who are at risk of homelessness during the Christmas and New Year period.

### What we ask of you:

We have been asking for donations of "Helping Handbags" each year, in which someone will take an old handbag they have laying around and fill it with feminine products.

### Who we help:

Every year so far, we have been collecting hundreds of handbags and donating them to homeless shelters, women's refuge centres in aim to aid women in these circumstances to feel feminine again.

As the demand unfortunately grows annually it is our goal to beat the previous year's donations, last year we donated 600 handbags around Dublin.

### Suggested Content Ideas:

- Tampons/ sanitary pads.
- Non-aerosol Deodorants
- Shampoo/ shower gel/ conditioner/ soap
- Wet-wipes/tissues
- Hairbrush/ hair-ties.
- Socks/ Pants/ Gloves/ Hat/ Scarf etc.
- Toothbrush/ Toothpaste
- Treats: Chocolate.

### Items to avoid:

- Aerosols
- Perfume bottles/Glass of any kind
- Any sharp items

### Collection Dates

**St. Patrick's Cathedral, Dublin City Centre**  
November 28<sup>th</sup>/29<sup>th</sup>/ 30<sup>th</sup>  
**Papal Cross, Phoenix park.**  
December 1<sup>st</sup>  
12-2pm