



Did you know...

Just a few hours of your time each week can really make a difference in someone else's life

Aware Needs You!
VOLUNTEER TODAY

**Make a difference in
someone's tomorrow**

For more information, visit
aware.ie/volunteering
or call **01 - 661 7211**



Aware is the national organisation providing support, education and information services for those impacted by depression, bipolar disorder and other mood related conditions

Contact Us

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