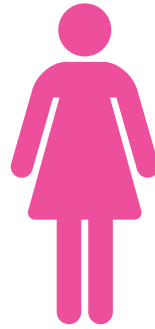


Education Division member survey: **STRESS, BURNOUT, ASSAULTS AND INJURIES**

2816

TOTAL RESPONDENTS



94%
2640



6%
167

Age 18-24
11
(<1%)

Age 25-34
166
(6%)

Age 35-44
563
(20%)

Age 45-54
1094
(39%)

Age 55-64
925
(33%)

Age 65+
56
(2%)

EMPLOYMENT BREAKDOWN

54%

Primary School

15%

Secondary School

9%

Special School

8%

ETB

8%

University/
TU/IT/College

<1%

School
Completion
Programme

<1%

Education
Centre



4% Other

OCCUPATION



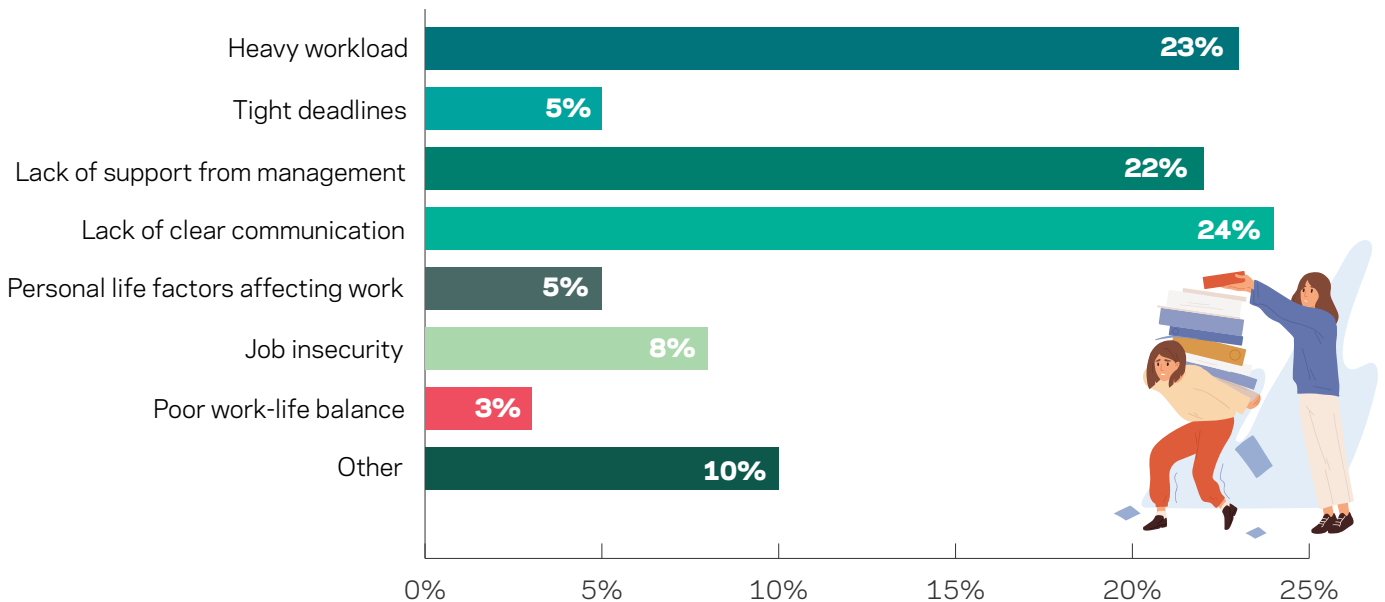
77%	SNA (2167)
9%	School Secretary (258)
7%	Clerical Admin role (219)
<1%	Project Worker (15)
<1%	Project Co-Ordinator (16)
<1%	School Caretaker (16)
2%	Library Worker (49)
2%	Management role (42)
1%	Other (34)

73%

of respondents felt that their work is making a difference

STRESS AND BURNOUT

What are the main causes of stress in your current role?



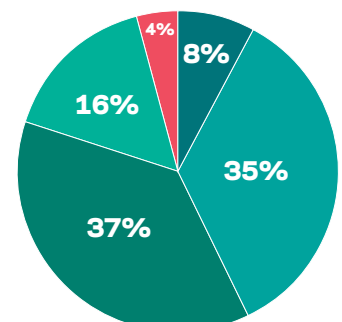
88% of respondents reported feeling stressed at work

49% reported feeling stress on a regular basis

How would you rate your overall mental well-being at work?



Excellent	212 (8%)
Good	988 (35%)
Acceptable	1044 (37%)
Poor	463 (16%)
Very poor	109 (4%)



48%

of respondents said they did not have enough support at work to prevent or manage burnout

25%

of respondents said that burnout is impacting their productivity at work

When asked what could be done to reduce stress in the workplace, most common responses included:

Improved communication with management

More training and CPD

Increased staffing

Improved compliance with/addressing health and safety issues

70%

indicated that they felt stress at work

53%

of respondents indicated that there is not a satisfactory level of support at work for managing stress

49%

felt stress on a regular basis

47%

indicated that they are able to maintain a healthy work-life balance

Members in the Education sector are proud of their work, are highly motivated and feel a strong sense of achievement in respect of their work and its contribution to the sector and in wider society.



ASSAULTS AND INJURIES IN THE WORKPLACE

55%

of respondents indicated that they had experienced an assault while carrying out duties at work

69%

of SNAs have experienced an assault at work

38%

of respondents witnessed a colleague being assaulted at work

47%

of respondents required medical treatment after the assault

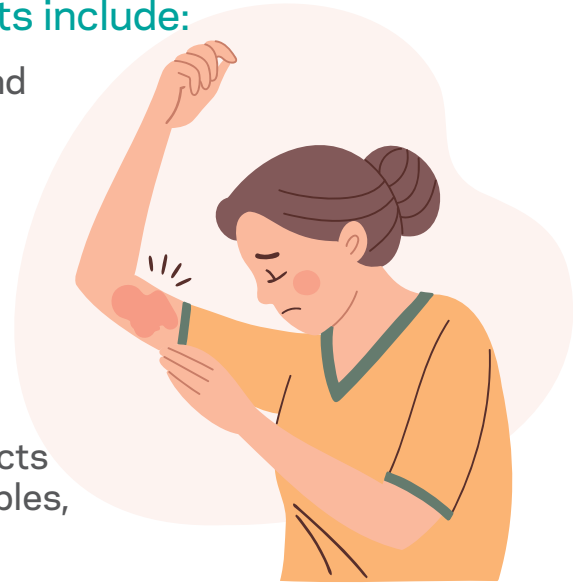
37%

of respondents required hospital care

307 respondents require ongoing medication or treatment

Examples of assaults include:

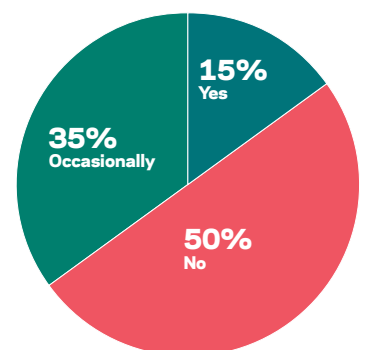
- Pushed to the ground
- Bites
- Slaps
- Kicks
- Punches
- Scratches
- Hair pulled
- Head injuries
- Spat at
- Hit with school objects (sweeping brush, tables, school bags)



54% received assistance from their employer regarding medical expenses.

46% received no help from their employer with medical expenses.

Do you receive regular safety training or briefings related to your role?



Only **9%** of respondents said they were offered counselling or additional supports.

33% of respondents were aware of an assault leave policy in their workplace.

51% were unsure and **16%** were not aware of a policy.

30% of respondents felt their employer had conducted a proper risk assessment in the workplace.

40% of respondents did not feel that an adequate assessment has been carried out.